

ISA SMALL BOAT SAILING SCHEME COURSE OBJECTIVES

COURSE	OBJECTIVE	SDC PREREQUISITES
Start Sailing	Be able to sail in light winds with assistance from instructor	
Basic Skills	Be able to sail on your own in light wind conditions without aid from instructor	Be able to demonstrate skills and knowledge in the Start Sailing course
Improving Skills	Develop the skills and knowledge needed to set up and sail the boat more effectively and in moderate conditions	Have completed or have experience equivalent to the Basic Skills course and have been sailing regularly + 10 days logged club sailing
Go Racing 1	Introduce sailor to racing and develop skills and knowledge to a level where he/she can comfortably race at club and inter club level in Ireland	Completed or have experience equivalent to Improving Skills course + 15 days logged sailing inc. 2 local regattas
Kites & Wires 1	Introduce sailor to the thrills and spills of sailing with spinnakers and trapezes	Completed or experienced equivalent to Improving Skills course + 15 days logged sailing inc. 2 local regattas
Advanced Boat Handling	Develop advanced boat handling and tuning skills and prepare sailor to sail flat out in strong winds	Completed or experienced equivalent to Go Racing 1 and Kites & Wires 1 + 15 days logged sailing inc 2 local regattas + Regional or National Champs. or 3 further local regattas
Adventure 1	Introduce sailor to the skills and knowledge needed to undertake longer trips in stronger wind	Completed or experienced equivalent to Go Racing 1, Kites & Wires 1 & Advanced Boat Handling courses. + 15 days logged sailing inc. 2 local regattas