



Sutton Dinghy Club Regatta

Sunday 30th August 2026

SAILING INSTRUCTIONS

These Sailing Instructions may be varied by posting a notice on the Regatta Notice Board, not later than one hour before the start of racing for the day.

RACE PROGRAMME: -

BRIEFING 11.00 hrs. FIRST GUN 12.00 hrs. H.W. 13.40 hrs.

Two races back-to-back will be scheduled for GP14, IDRA 14, ILCA 4, Topper and Optimist Class dinghies – the second race will start as soon as practicable after the completion of the first. The overall result (see SI 7- Scoring) will count for Regatta prizes.

The starting sequence for each race will be as follows:

- | | |
|-------------------------------|-------------------------|
| 1. GP 14 & IDRA 14 | Code Flag Q |
| 2. ILCA 4 & Topper | Laser Class Flag |
| 3. Optimists | Code Flag O |
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In the event that there are less than 3 entrants in any Class, that Class will be omitted from the starting sequence.

At the discretion of the Race Officer, starts for two or more classes may be combined. The classes concerned will be notified at the Briefing.

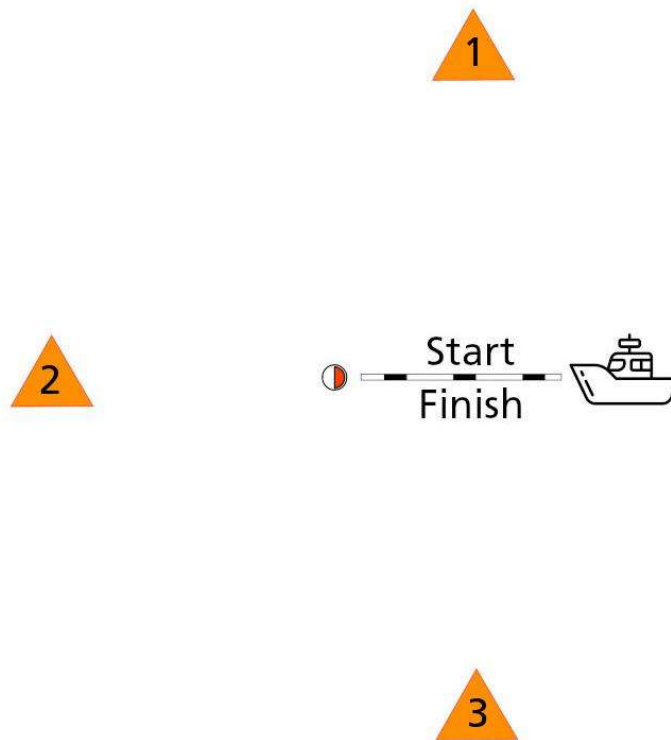
1. RULES

Racing will be governed by the Racing Rules of Sailing (RRS) including the Irish Sailing Prescriptions, the rules of each participating Class, these Sailing Instructions (SI's) and any amendments thereto.

2. REGISTRATION

All Helms must register with the Regatta Secretary before competing in the competition.

3. COURSES



Three orange marks (Marks 1, 2 & 3) will be laid to form a typical "Olympic" triangular course.

GP14 & IDRA14 : START- 1 - 2 - 3 - 1 - 3 - 1 - 2 - 3 – FINISH

ILCA 4 & Topper : START- 1 - 2 - 3 - 1 - 3 - FINISH

Optimist: START- 1 - 2 - 3 - 1 - 3 - FINISH

Boats racing MUST keep clear of the Start Line while other classes are starting.

In the event of extreme weather conditions, alternative course arrangements may be made. Details will be posted on the Regatta Notice Board, and the competitors briefed regarding the revised arrangements.

In the event of a wind shift after the start, the marks may be moved without signalling. This changes RRS 33.

4. THE START

Races will be started from the Main Committee vessel, or another vessel, (the "Starting Vessel"). The starting line will be the line between a staff or pole on the Starting Vessel and an outer limit mark which will be described at the briefing.

Starts will be in accordance with RRS 26 (5 – 4 – 1 – Start)

- The starting signal for each class will serve as the warning signal for the next class to start.**
- In the event of a General recall, the re-start for the recalled Class will take place after the last class starts (this changes Rule RRS 29.2)**
- A boat that does not start within 4 minutes after her starting signal will be scored 'Did Not Start' without a hearing. This changes RRS A4 and A5.**

5. SHORTENING COURSE

The course may be shortened for a class or classes at a rounding mark. The course may also be shortened at the Start/Finish line.

This will be signalled as per RRS 32.

6. FINISHING AND TIME LIMITS

The finishing line will be located a short distance to windward of Mark 3.

The finishing line will be between a staff or pole on the Committee Vessel displaying a blue flag and a spherical buoy, unless the course is shortened to finish at one of the Course Marks.

The Time Limit for each race shall be 1½ hours. Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

In addition the Race Officer may award a finishing score to a boat that is still racing and boats so notified are no longer required to sail the course and shall stop racing and return to the starting area or ashore if there is no more racing.

7. SCORING

The scoring system shall be as shown in RRS A4.1 (Low Point System).

Race or Series Ties will be broken in accordance with RRS A7 & A8.

8. PROTESTS

In addition to RRS 61.1(a), boats wishing to lodge a protest shall signify their intention to protest to the Race Officer immediately after racing by sailing close to the Committee Vessel on the extension of the finishing line and waiting for acknowledgement from the Race Officer.

Protests shall be written on forms available from the Race Office and delivered there within one hour of the finish of the last boat in the last race. The protest time limit will be posted on the official notice board.

Novice Optimist sailors may be coached by safety boat crews and no protests will be accepted arising from incidents in their race(s).

A schedule of protest hearings will be posted on the official notice board as soon as practicable after racing.

9. SAFETY CONSIDERATIONS AND RESPONSIBILITY

The priority of *safety* boat crews is the safety of people, their instructions in pursuit of this aim must be obeyed. *Safety* Boats have right of way over all competitors when involved in rescuing manoeuvres. Failure to comply with these safety constraints may result in disqualification.

Adequate personal buoyancy shall be worn at all times while afloat. Wet suits do not constitute adequate personal buoyancy. If the buoyancy is of the inflatable type, it shall be inflated at all times while afloat. Every competing boat shall render all possible assistance to any vessel or person in peril, when in a position to do so.

Sailing without adequate footwear is prohibited – “NO BARE FEET”

The helmsmen of boats competing shall be responsible (without limitations) for all damages arising from breach of the Racing Rules or the Sailing Instructions. In the event of racing being held in heavy weather, responsibility for deciding to compete, or to continue, will rest with the individual competitor.

Helmsmen must hold a valid current certificate of insurance against third party risks for a minimum of €1,000,000 for their boat and crew which covers them while competing in this event.

10. PRIZES:

In addition to Club perpetual trophies prizes will be awarded in each class as follows:

1st prize if 3 or more boats compete

2nd prize if 5 or more boats compete

3rd prize if 9 or more boats compete